

Booking Form

Child's Name _____ Age ____ M/F

Address _____

Postcode _____

Email _____

PLEASE PRINT We will email you to confirm your booking.

Contact Number _____

Emergency Number _____

Parent/Guardian Name _____

Consent Form

I the Parent/Carer, give permission for the person named above to take part in the above activities. I agree to the staff member in charge acting on my behalf in all matters affecting the applicant. I understand all reasonable efforts will be made to contact me before taking any action, but this may not be possible. I confirm there are no medical or other reasons why the applicant cannot take part in these activities, I understand that every possible effort will be made to ensure the safety of the applicant during activities, but there is still an element of risk within these activities.

Has the applicant suffered from any medical condition, which could adversely affect his/her performance? If in doubt please give details

Has the applicant any known allergies or suffers from Asthma or Hayfever?

Swimming Ability _____

- I confirm the information given is correct to the best of my knowledge.
- I give my consent to photographs being taken and used for marketing purposes.
- I have read the consent form and agree to the conditions.

Date _____ Signed Parent/Carer _____

October 2011 Activity Programme

For children aged 8 and over



the
adventure
centre.co.uk

Kelly College, Tavistock

Full terms and conditions are available on our website

Choose your Adventure!



Bog Run

Our unique Bog Run on Bodmin Moor is the wettest, muddiest and the most fun activity you will ever do in a wetsuit! Finish the day with a jump into a lake to rinse off.



Climbing and Abseiling

Stretch yourself on some of the magnificent Granite outcrops in the area and enjoy the views of the local moor before the exhilarating abseil back to the start.



Bouldering and Weaselling

Test your climbing skills in a fun and safe challenge on many of the low lying rock around the local tors. Then Weasel your way through small gaps and under boulders, searching for letter boxes or just for the fun of it!



Orienteering

Test your map reading in this fast paced and fun challenge. Can you find the hidden markers first? Can you get back before the clock stops? There is even a picture based course to challenge your observation skills.



Gorge Walk

Forge your way against the current in the stunning Plym Valley . . . scrambling under and over boulders and sliding down the water shoots.



Team Games

From the perplexing Planks Puzzle to the Acid Swamp, the Crystal Maze has nothing on us! Join in with the team and puzzle your way through a maze of mind benders.

Booking Form

Please tick box & complete reverse details **Cost £30 per day £140 per week**

Monday 24th October Bog Run, Climbing & Abseiling		£
Tuesday 25th October Letterboxing on Dartmoor, Environmental games, Bouldering & Weaselling		£
Wednesday 26th October Kayaking, Team Games and Orienteering		£
Thursday 27th October High Ropes, Archery and Team Games		£
Friday 28th October Gorge Walking, Climbing and Abseiling		£
Thursday 27th - Friday 28th October Epic Adventure Racing Camp ** see note below **	£65 Overnight Camping	£

Total amount due £

All courses will take place, subject to minimum numbers

**Cheques should be made payable to Kelly Enterprises Ltd
and sent with the booking form to
The Adventure Centre, Kelly College,
Tavistock, Devon PL19 OHY**

**** Note for Epic Racing Camp ****

Staff are not qualified to assess the quality of a helmet and will only be able to ensure that a helmet is being worn. It is the parent/guardians responsibility to ensure bikes are fit for off road riding. Staff are not qualified to assess the safety of bikes. Any adjustments/repairs made during a course to a child's bike is only done where a child's safety may be compromised. Staff are not liable for the repairs made in this instance.



www.theadventurecentre.co.uk



Kelly Swim School

**Residential and Non-Residential Options
For children aged 8 to 16**

**Improve your competitive swimming performance
by building on your technique and improving
your training approach**

The aim of our courses is to provide an opportunity for young swimmers to participate in tried and tested training methods and techniques necessary for competitive swimming. Our methods have produced over eighty Great Britain Senior International swimmers and medalists in the Olympic Games and European Championships.

All aspects of training are included, from special skills in individual strokes to land training consisting of cardiovascular circuits and isokinetics.

**Swim Schools are held during
Christmas, Easter and Summer**

**Full details and booking forms are available
through links at the website . . .**

www.kellyswimmingpool.com

Adventure Days

**Monday 24th - Friday 28th October
£30 day/£140 week**

	Location	Activity
Monday 24th	Bodmin Moor	Bog Run, Climbing & Abseiling
Tuesday 25th	Dartmoor	Letterboxing with Environmental Games, Bouldering & Weaselling
Wednesday 26th	Alder lake	Kayaking, Team Games, Orienteering
Thursday 27th	The Adventure Centre	High Ropes Activities, Archery & Team Games
Friday 28th	Dewerstone, Dartmoor	Gorge Walking, Climbing, Abseiling

These activities are explained on the facing page

Drop off 9am and pick up 5pm at The Adventure Centre

**A slideshow of the day's adventures will be showing
for parents and children to watch at pick up**

EPIC ADVENTURE

FOR CHILDREN AGED 9 TO 13

This unique challenge is back!

Thurs 27th to Fri 28th October



Activities

- Scrambling and scree run
- Orienteering and map reading
- Off Road running and biking
- Special team challenges
- Campfire cooking

We will provide . . .

- A unique, challenging and enjoyable experience
- Breakfast on second day
- Hot drinks
- Safety equipment



Camping overnight at
Nuns Cross
Farm,
Dartmoor



The best two days fun you'll have

**Drop off Thurs 9am and pick up Fri 5pm
at The Adventure Centre**

A slideshow of the overnight camp will be showing at pick up time

RACING CAMP

Adventure Days - please bring :

- * Packed lunch
- * Snacks for breaks
- * Waterproofs
- * Comfortable footwear, no crocs
- * Water bottle
- * Swimsuit & Towel
- * Change of clothes and footwear



Epic Racing Camp - please bring:

- * Sleeping bag
- * Off road bike and helmet
- * Spare inner tube to fit bike tyres
- * 3 sets of running/cycling clothing
- * Warm clothes for evening including hat and gloves
- * Waterproof jacket
- * Torch
- * Towels X2
- * Toiletries
- * Lunch for day 1 and day 2
- * Evening meal:
can be made by adding water eg; dehydrated meal, noodles,
pasta etc (please try before to ensure they like it)
- * Simple snacks eg energy/muesli bars for 2 days
- * One large bag for spare clothing, food and sleeping bag
- * Small comfortable day rucksack for snacks, gloves, torch etc.